Navigating the payer-provider maze to individualize IBD management

David T. Rubin, MD, FACG, AGAF, FACP, FASGE
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David T. Rubin earned a medical degree with honors at the University of Chicago Pritzker School of Medicine. He completed his residency in internal medicine and fellowships in gastroenterology and clinical medical ethics at the University of Chicago, where he served as Chief Resident and Chief Fellow. Prior to his current appointments, Dr. Rubin served for 11 years as Director of the Gastroenterology, Hepatology and Nutrition fellowship program. He also currently serves as an associate faculty member at the MacLean Center for Clinical Medical Ethics, and an associate investigator at the University of Chicago Comprehensive Cancer Center.

Dr. Rubin is a Fellow of the American Gastroenterological Association (AGA), the American College of Gastroenterology (ACG), the American Society for Gastrointestinal Endoscopy (ASGE), and the American College of Physicians (ACP), is an active national member of the Crohn’s & Colitis Foundation of America (CCFA), and is on the Board of Trustees for the ACG. Among numerous awards and honors, Dr. Rubin was chosen by his peers as a member of Best Doctors (recognized for superior clinical ability), and America’s Top Physicians (gastroenterology). Additionally, he twice received the ACG’s Governor’s Award of Excellence in Clinical Research (2003 and 2013), the Cancer Research Foundation Young Investigator’s Award (2004), and the UC Postgraduate Teaching Award in recognition of significant contributions for fellowship education (2006). In 2012, he received the CCFA’s Rosenthal Award, a national leadership award bestowed upon a volunteer who has contributed in an indisputable way to the quality-of-life of patients and families.

Dr. Rubin is the editor of a best-selling book on inflammatory bowel disease (IBD), now in its 2nd edition, and an author or coauthor of many peer-reviewed articles on IBD, genetic testing in IBD, and cancer in IBD. He is also a featured media contact for issues related to IBD, appearing on satellite radio, television, and print media. His principal research interests include novel IBD therapies and outcomes, colon cancer prevention, and clinical medical ethics.
Sandra C. Kim, MD
Pediatric Gastroenterology
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Sandra Kim is the Co-Director of the nationally recognized Center for Pediatric and Adolescent Inflammatory Bowel Disease within the Division of Gastroenterology, Hepatology and Nutrition. She is an associate professor of clinical pediatrics at the Ohio State University College of Medicine. Dr. Kim’s clinical and research interests focus on pediatric inflammatory bowel diseases, including adolescent transitioning and quality improvement in pediatric IBD, and the impact of the gastrointestinal microbiota in IBD.

Dr. Kim’s research has been funded by the NIH and the Crohn’s and Colitis Foundation of America (CCFA), and she has authored numerous studies on pediatric and adolescent inflammatory bowel diseases. She currently serves as past-chair of Pediatric Affairs and current co-chair of Government Affairs/Advocacy for the CCFA nationally. In addition, she chairs the Clinical Practice and Adolescent Transitioning committees, and serves on the Physician Leadership committee and Strategy Council for ImproveCareNow, a national, multi-institution collaborative focusing on improving outcomes in IBD patients. Dr. Kim also is involved as a member of the Medical Advisory Board for Flying Horse Farms and on the board of Directors for the Central Ohio CCFA chapter.

As a reflection of her dedication to her profession, Dr. Kim was awarded the 2011 Rosenthal Award for her leadership in patient education and advocacy by the CCFA. She also was the 2015 faculty inductee at the Ohio State University College of Medicine chapters of Gold Humanism Honor Society and Alpha Omega Alpha.
Lawrence R. Kosinski, MD, MBA, AGAF, FACC
Managing Partner, Elgin Gastroenterology
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Lawrence R. Kosinski has been in the practice of Gastroenterology since 1984. He is currently one of the managing partners of the Illinois Gastroenterology Group (IGG), the largest Gastroenterology practice in Illinois. He is also president of the Elgin Gastroenterology Endoscopy Center.

In addition to his medical practice, Dr. Kosinski is the Clinical Private Practice Councilor for the American Gastroenterological Association and serves on its Governing Board. Locally, he is a Member of the Advocate Sherman Hospital Board of Directors.

In January 2014, Dr. Kosinski started SonarMD, LLC, a technology company formed to bring the success of Project Sonar to a national presence.

Dr. Kosinski received his MD from Loyola University Stritch School of Medicine, and earned his Masters of Management Degree (MBA) from Northwestern University Kellogg School of Management in 1998.
Linda Kulig earned a Bachelor of Fine Arts Degree in Visual Communication at Northern Illinois University. She was employed as a graphic artist and designer for 7 years. She then earned a Bachelor of Science degree in Nursing from Purdue University. Ms. Kulig has been employed as a registered nurse for over 20 years at The University of Chicago Medicine, primarily in Gastroenterology. She worked as a staff nurse in the GI Procedure unit for 9 years, and has been a clinical nurse associate for 12 years. Currently, she is the nurse associate for the practices of Dr. Sushila Dalal and Dr. Bruce Bissonnette, and is the primary nurse who submits insurance and clinical information to obtain authorization for all of the biologic medications.

Ms. Kulig is a member of the Society of Gastroenterology Nurses and Associates (SGNA), and has been a Certified Gastroenterology Registered Nurse (CGRN) since 2000. She also has been a speaker at the annual Chicago Crohn’s and Colitis Foundation (CCFA) conference in 2012 and 2015, and has participated in various nurse panels for pharmaceutical education symposiums.